

## Summary of Informational Webinar–March 5, 2025

HACU and Capital One hosted an informational webinar to provide insights on this program. Key takeaways from this webinar are:

### Program Overview:

The Capital One Launchpad: Legacy & Leadership Program is an immersive, mentor-guided experience focused on career exploration, leadership development, and professional growth. Students will work directly with Capital One mentors throughout the program, culminating in a final capstone presentation. This program serves as a preparatory experience for the Internship Application Process for Capital One Internships.

-Applications close on March 28. If selected to the next round of review, students will be notified via email and will be asked to complete a phone interview.

### Expectations and Student Commitment:

- The program includes full-day activities, extending into the evening, so students with evening virtual classes between July 7 - 11, 2025 should expect scheduling conflicts. Students must attend all sessions.
- Travel, lodging, and meal expenses will be fully covered for all selected participants.
- Students who complete the program will receive a stipend.

### Resume & Career Preparation:

- Capital One will lead a resume workshop for students selected to the Launchpad Program, helping them prepare competitive applications for Capital One's internship programs.
- Capital One provided insights into Capital One's various internship programs, discussing career pathways and how students can strengthen their applications.

### Q&A Highlights:

- **How can a student submit a strong application?**
- Make sure your resume is updated with all leadership positions including competitions and immersion programs you have participated in. Take time writing your essay. Make sure it is complete, personalized, and that you answer all of the prompts.
- **How will students be notified of their selection?**
  - Students will receive official acceptance notifications by mid-to-late May 2025.
- **Can students with evening virtual classes participate?**
  - It will be **difficult to manage classes** during the program due to the evening schedule.
- **Are there security clearance requirements for Capital One internships?**
  - Some internship roles may require additional steps, but details will be provided during the internship application process.
- Learn more about Capital One's Internship Programs by attending one or more of these virtual webinars from March 10-March 20, 2025. [Capital One Events \(eightfold.ai\)](#)

For questions, please contact Belia Gonzalez McDonald at [belia.mcdonald@hacu.net](mailto:belia.mcdonald@hacu.net)